

# WHAT WE DO

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We specialise in helping people and businesses achieve goals, increase capability, improve lives & discover dreams.

We do this through heart-centred personal engagement & authentic business practices.



**PO Box 2007  
Rotorua  
New Zealand**



**+64 7 346 1008**



**info@atscoach.com**



**atscoach.com**

Follow us on social media



# SUCCESS STORIES

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The tools used during my session helped find my passion and the barriers preventing me from moving forward.  
*Kassara B.*

I have found Alan to be a very enterprising and innovative coach and he comes from a position of experience.  
*Chris K*

Alan is a great coach as he really listened and observed. He is respectful and very intuitive and I would highly recommend him.  
*Annie T.*

Alan bought a very worthwhile element to our conferences.  
*Martin B*

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**"THE CLARITY OF THE WHY BRINGS  
FOCUS TO THE WHY."**

**I CAN HELP YOU FIND YOUR WHY!"**

*Alan Tāne Solomon*

**ATSCOACH.COM**



**COACH  
TRAINER  
SPEAKER**

**ENTHUSIAST**



# OUR SERVICES

We offer a range of services;

- Corporate coaching & training
- Team building workshops
- Private coaching
- Group coaching
- Holistic health & wellness coaching
- Weight loss & fitness plans
- Online & phone coaching
- Exclusive coaching retreats
- Training & Facilitation
- Motivational talks

CHANGING THE WORLD  
ONE PERSON AT A TIME



ATS Coach is a professionally accredited and affiliate of the Australia and New Zealand Coaching Alliance



## CORPORATE COACHING

Organisations invest in group coaching as part of a change initiative, to support their people, to improve capacity and productivity.

**1/2 day to 3 day workshops.**



## TEAM BUILDING

To create a dynamic team culture, leaders need to role model the desired outcome and behaviour.

**'We can show you how!'**



## PRIVATE COACHING

Keep your waka moving forward and learn ways to thrive in this new environment to achieve your dreams and desires.

**Sessions - 30 to 60 minutes.**



## EXCLUSIVE RETREATS

Focused on holistic health & wellness coaching, our retreats have been designed to specifically **'Awaken, Invigorate & Motivate.'**